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Third Eye Awakening: Guided Meditation To Open Your Third Eye, Expand Mind Power, Intuition, Psychic Awareness, And Enhance Psychic Abilities (3rd Eye, Higher Consciousness, Spiritual Enlightenment)

THIRD EYE AWAKENING

GUIDED MEDITATION TO OPEN YOUR THIRD EYE, EXPAND MIND POWER, INTUITION, PSYCHIC AWARENESS, AND ENHANCE PSYCHIC ABILITIES



SARAH ROWLAND



Synopsis

The third eye chakra is the center to your psychic abilities and intuition. It holds powers that people never thought were possible or available to them. The third eye and the pineal gland are essentially the same thing and the power of both lie dormant, in most people, for all of their lives. There are many simple meditation techniques that can help to open a dormant third eye, and you will find these meditation techniques in this book. Third Eye Awakening is not only about the third eye, however. In this book you will find information on ALL the various aspects and techniques that circle around Spiritual Healing, including the awakening, opening, and activation of your third eye chakra. In this book you will learn: What is the Third Eye? How to awaken your Third Eye Connecting with your higher self Awaken your higher self through guided meditation Trusting your intuition Gain wisdom and clarity from your divine self Heal your mind and body through energy healing Clear your body of negative energy Feel more relaxed and centered Use chakra meditation for spiritual healing Heal affected chakras and realign your entire chakra system Balance your chakras Lower stress levels and reduce anxiety Reenergize your body and mind Purify your energy field Use the power of your mind to heal from within Train your mind to invest in positive thoughts And so much more! There's plenty of information in this book that will help you discover things about yourself that you never knew. You will start to see things in a different light, and your quality of life will grow beyond anything you can imagine. This book will change your life and free yourself from negative energies. Now is the time to make a change and live a happier life! --- Download your copy of Third Eye Awakening today!

Tags: chakras, chakra for beginners, chakra healing, chakra awakening, energy healing, energy techniques, energy psychology, guided imagery, reiki healing, mind control, mind's eye, astral travel, prescience, expanded creativity, pineal gland, tantric, divine knowledge, inner eye, insight, increase energy, healing your grieving heart, healing your emotional self, heal your body, heal your life, heal your mind, clairvoyance, vibration, find inner peace, clear your mind, cleanse your body, middle eye of shiva, hundalini, prana, hindu, kundalini, baha'i, confucianism, gaia, i ching, jainism, mysticism, mindfulness meditation, stress management, anxiety and depression, zen, hypnosis, hypnotherapy, how to find peace, how to be happy, how to find happiness, how to find yourself, tranquility, calmness, calming, spiritualism, spirituality, spiritual healing, spiritual growth, spiritual cleansing, spiritual awakening

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Customer Reviews

I personally have never tried third eye awakening before and I think it is interesting. I had learned from this book: What is the Third Eye? How to awaken your Third Eye? Connecting with your higher self. Awaken your higher self through guided meditation. Trusting your intuition. Gain wisdom and clarity from your divine self. Heal your mind and body through energy healing. Clear your body of negative energy. Feel more relaxed and centered. Use chakra meditation for spiritual healing. Heal affected chakras and realign your entire chakra system. Balance your chakras. Lower stress levels and reduce anxiety. Reenergize your body and mind. Purify your energy field. Use the power of your mind to heal from within. Train your mind to invest in positive thoughts. And so much more! Overall, very useful book about third eye awakening.

This book is a great intro for all of us to awaken your third eyes. It's possible for anyone to pick this up and learn right away, but I think beginners would benefit most from this book. It is a good thing that this book describes the signs to know when you are losing your third eye and what to do to get it back.

Interesting book.... I would like to congratulate the author of this book for this efficient work..

The book talks about tapping into the power of the subconscious mind where you are open to higher states of consciousness and awareness. If you want to learn more about the third eye this is the book to read. The book will help you know more about third eyes.

This is such an interesting book! this book has helped me because I have developed that part of the brain to have a sixth sense and can see beyond things, after reading this book I have had several experiences and thanks to what has been learned in this book have been able to predict what may happen or have some feeling good or bad situations. Great read!

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